

**INVITATION**  
**3rd FITYOUTH PAN India**  
**Aerobic Gymnastics Championship**  
**17th-19th April 2020**

**Affiliated to ANAC (The Association of National Aerobic Championship U.S.A)**

**Organized By:** Fityouth ANAC India in support with College of Engineering Roorkee (COER), Roorkee, Uttarakhand

To all  
Gymnastics Clubs/Schools/College/Players,

After the tremendous success of **1<sup>st</sup> Fityouth PAN India Invitational Aerobic Gymnastics Championship 2018** and **2<sup>nd</sup> Fityouth PAN India Aerodance and Aerobic Gymnastics Championship 2019**, It is my pleasure to extend this kind invitation for the **3<sup>rd</sup> FITYOUTH PAN India Aerobic Gymnastics Championship 2020** organised by FITYOUTH ANAC India on **17<sup>th</sup>-19<sup>th</sup> April 2020** at **Vardhman Auditorium, College of Engineering Roorkee (COER), Roorkee.**

FITYOUTH ANAC India is the only affiliate of ANAC in India. ANAC is the founding organization for Sportaerobics and Aerobic Gymnastics worldwide. It was established in 1983 as the United States National Aerobic Championship. Later, ANAC associated itself with International Competitive Aerobics Federation (ICAF). It is also affiliated to Federation of International Gymnastics (FIG).

This year we are planning to promote this event as an International tribune where the selected athletes have the opportunity to participate in forthcoming **ANAC 31<sup>st</sup> International Aerobic Gymnastics Championships in phoenix Arizona USA 25<sup>th</sup> July -29<sup>th</sup> July 2020** and represent India at the mega event and compete with the best aerobic gymnasts.

The details of the **3<sup>rd</sup> FITYOUTH PAN India Aerobic Gymnastics Championship 2020** are as follows:

**Date** - 17th-19th April 2020  
**Venue** - Vardhman Auditorium, College of Engineering Roorkee (COER), Roorkee 7th K.M. on Roorkee (NH-58), Rehmadpur Vardhmanpuram, Haridwar Rd, Roorkee, Uttarakhand- 247667

**Reporting Time** - 16<sup>th</sup> April 2020 After 2 pm

**Departure Time** - 19<sup>th</sup> April 2020 After 2 pm

This event is organized by FITYOUTH ANAC India for the promotion and development of Aerobic Gymnastic in the country. All the clubs/schools are invited to participate in the championship in accordance with the provided details.

We look forward to your wholehearted and enthusiastic participation in the championship in order to make it a success.

Warm regards,

**Aman Uniyal**

Joint Organising Secretary  
FITYOUTH ANAC India

FITYOUTH ANAC India

Copy to: ANAC India

## **DIRECTIVE**

### **1. Fityouth ANAC India**

---

Organizers: Fityouth ANAC India  
Office Address: WZ-123, C-2,3<sup>rd</sup> Floor, Tihar Village, New Delhi-110018  
Email: [fityouthofficial@gmail.com](mailto:fityouthofficial@gmail.com)

### **2. Local Organisers (LOC)**

---

#### Contact Person:

1. Mr. Ramesh Bisht, Sports Officer, College of Engineering Roorkee, (COER), Roorkee  
Ph: +91-7016309120, +91-9897997135
2. Mr. Krishan Kumar, Sports Officer, College of Engineering Roorkee, (COER), Roorkee  
Ph: +91-8439557938

#### Joint Organizing Secretary

Mr. Aman Uniyal.  
Ph: +91 – 9999267604; +91- 9568087343  
E-mail: [fityouthofficial@gmail.com](mailto:fityouthofficial@gmail.com)

### **3. Competition Venue**

---



**Vardhman Auditorium, College of Engineering Roorkee (COER), Roorkee, Uttarakhand**  
7th K.M. on Roorkee (NH-58), Rehmadpur Vardhmanpuram, Haridwar Rd, Roorkee,  
Uttarakhand -247667

#### 4. Events

The Aerobic Gymnastics Competition will consist of a total 14 Medal Events listed as under:

Discipline/ Age Group	Aerobic Gymnastics	Sub Junior Under 11	Age Group-1 Under 14	Age Group-2 Under 17	Senior Above 18
Events	Individual Men	✓	✓	✓	✓
	Individual Women	✓	✓	✓	✓
	Mix Pair	✓	✓	✓	✓
	Trio	✓	✓	✓	✓
	Group (5 player)	✓	✓	✓	✓
	Aerodance (8 players)	✓	✓	✓	✓

#### 5. Competition Format

The Aerobic Gymnastics Championship will consist of the following competition (All Age Groups).

##### A. Final Competition

There will be a direct final round for all events in all age categories.

##### B. Team championship based on medal tally from each event point system of Gold 3 points Silver 2points and Bronze 1 point.

**The competition format may be subject to change in case of any difficulty in organization or otherwise in case of change, if any; prior notice shall be given before the start of competition.**

##### C. Music

the participating team should send the music through mail at [fityouthofficial@gmail.com](mailto:fityouthofficial@gmail.com) while registration according to their event categories, and also should carry music of their performance in Mp3/Mp4 format in pen drive or mobile phones.(age group/event/team name/gymnast name) e.g (AG1/IM/club name/animesh)

## 6. Composition of Team and Age Requirements

Sr	Particulars	Aerobic Gymnastics			
		Sub Junior (Under 11)	Age Group-1 (Under 14)	Age Group-2 (Under 17)	Seniors (18 above)
	<b>Age Requirements (in term of Birth Year)</b>	2009 to 2012	2006 to 2008	2003 to 2005	2002 or before
	<b>Composition of Team (Max)</b>				
a)	No. of Entry for each Event	02	02	02	02
b)	Aerobic Gymnasts as per entry				
d)	Coach	01 Male and 01 Female			
e)	Manager	01			
e)	Total number of contingent	As per entries			

## 7. Competition Schedule

**Date:** 17th to 19th April 2020  
**Team Arrival Date:** 16th April 2020 after 2 pm  
**Departure Date:** 19th April 2020 after 2 pm

- Details of competition schedule will be informed before 1 week
- Drawing of lots will be done in advance by 10<sup>th</sup> April 2020 and sequence will be informed to respective teams.

## 8. Registration/ Accreditation

All Gymnastics Club & Schools shall be required to make mandatory Advance Confirmation and full payment by 1<sup>st</sup> April 2020 by filling up the attached form and e-mail the scanned copy at [fityouthofficial@gmail.com](mailto:fityouthofficial@gmail.com). Late entry fee of Rs.1000/- will be charged for entries submitted after 1<sup>st</sup> April 2020.

The original entry form along with 2 ID photos and indemnity form of all participating members should be submitted at the competition venue before the start of competition. No gymnast/team shall be allowed to participate without proper entry forms and accreditation.

**Registration Fee for Participant Rs. 3000 /-(inclusive of all taxes)** per participating member shall be required to be paid as registration fee.

This Registration fee includes:

- Competition Fee
- Boarding and Lodging (From April 16<sup>th</sup> Dinner to April 19<sup>th</sup> Lunch)

**Fee for Team Manager/Coach Rs.1000/- (inclusive of all taxes)**

**Only Parents accompanying the players as their Coach/Team Managers will be given accommodation in the college hostels, for which the fee is Rs.1000/-**

### **Important Information**

1. All the participants are requested to follow check out time i.e 2:00 pm 19<sup>th</sup> April 2020
2. Parents are requested to arrange their own accommodation outside the college campus and transport facility respectively.
3. First, we will serve participants and coaches.
4. Bank account details for transfer of payment will be provided on receiving of confirmation letter and will be mailed to respective managers and coaches.
5. All teams are requested to deposit Rs.5000/- as a security deposit which is refundable at the time of registration at the venue.

### **9. Age Proof and Indemnity bond**

All the gymnasts participating in the championship shall be required to produce duly completed and authorized Age Certificate/Aadhaar Card/Birth Certificate etc. and Indemnity bond attached with this letter. No gymnasts shall be allowed to participate without proper age proof and indemnity bond`.

### **10. Technical Rules**

The competition shall be conducted as per the FIG Aerobic code of points 2017-2020 and age group program included therein as amended from time to time.

The competition director & technical delegate shall have power to provide for any difficulty.

**Protest Fee is Rs.1000/- A written application must be given prior to Championship Director along with the protest fee amount.**

(Protest can be made only over difficulty scores and decision of Championship Director is final and all abiding.)

## 11. Trophy and Medals

- Overall Championship trophy will be given to the Winner, Runner-up and 1st Runner-Up teams.
- Gold, Silver and 2 Bronze medals will be given Individually (or in Group) to performers in respective categories.
- Merit Certificates will be given upto 5<sup>th</sup> and 6<sup>th</sup> positions.

## 12. Apparatus

Podium with 12X12 mtr Interlocking Sports Mat will be provided.

## 13. Reception, Accommodation and Meals

Reception for all teams will be in Vardhman Auditorium, College of Engineering Roorkee (COER). Accommodation and Meal will be provided on a first come first serve basis. Boarding and lodging will be in Hostel Rooms provided by the college on 2-3 person sharing basis with mattress, bedding, and common washroom. Hygienic and nutritious vegetarian meals will be provided through Hostel canteens. We have limited Rooms, so team are requested to make the final payment and registration by 1<sup>st</sup> April 2020 for easy accommodation. Later submission will have to make arrangements on their own.





## 14. Personal Belongings

---

Teams are requested to take care of their valuable items. Neither College nor Fityouth ANAC India will be responsible for any loss or theft of items. Kindly bring your own locks for Hostel Rooms.

## 15. Campus Discipline

---

The accompanying faculty/managers/coaches will be overall in charge for maintenance of discipline of their teams, during the complete duration of stay. Strictly Smoking, alcohol and non-vegetarian food is prohibited on campus. All the players are requested to change their costumes in assigned Green Rooms at backstage during the performance. Girls are strictly not allowed to roam in shorts in campus grounds. Any complaint of indiscipline in campus will be reported to the Registrar/Director General. Decision of campus Registrar/Director General will be final and binding to all. Fines/penalties imposed on individual/teams must be cleared before the departure of teams.

## 16. How to Reach Venue

---

The venue is **College of Engineering Roorkee (COER), Roorkee, Uttarakhand**

7th K.M. on Roorkee (NH-58), Rehmadpur Vardhmanpuram, Haridwar Rd, Roorkee, Uttarakhand 247667.

Transport facility is not provided by the organizing committee. All the teams are requested to make their own arrangements for reaching the venue from railway station/bus stand. We can provide the contact numbers of local transporters for pick and drop services on request.

- From Railway station the venue is 8 km on NH58 to Rehmadpur local transport is available
- From Roorkee Bus stand the venue is 7.5 km on NH58 to Rehmadpur local transport is available.

If you are planning to stay in nearby hotels you can try booking in these nearby hotels

1. OYO 15069 Hotel Dev-<https://goo.gl/maps/vBe9JRZnQMavinFc7>
2. Doon Sabri Hotel- <https://goo.gl/maps/hzydY5kmCCyfsnTF7>
3. Hotel Himalaya- <https://goo.gl/maps/YJJ7XZ97gz3EBvPcA>

## 17. Climate and Places to visit nearby

---

In Roorkee, the climate is warm and temperate. Roorkee is a city with significant rainfall. The average annual temperature in Roorkee is 23.7 °C. In a year, the average rainfall is 1170 mm. Average Temperature in the month of April is 35°C.

### Places to Visit in Roorkee and Nearby

1. Piraan Kaliyar visit on Thursdays.
2. Sonali Park (7km from COER). Visit in the evening.
3. Har Ki Pauri (Haridwar) (35Km from Roorkee) Bus fare rs.32+rs.10 auto rickshaw from haridwar bus station.
4. Crystal World water park (14 km from Roorkee) bus fare rs.10–20. (Crystal world charges Rs. 400–800).

### 18. Other Information

---

All other necessary information not contained herein and detailed schedule with relevant forms will be released in due course of time. Information contained in this circular may change in which case a suitable notice shall be given before or during the competition. All the participants and officials are requested to observe strict discipline and give wholehearted cooperation to LOC to make the 3<sup>rd</sup> FitYouth PAN INDIA Aerobic Gymnastics Championship remarkable.



School/Club/State:.....

Contact Person: .....

Mobile Number.....

**AEROBIC GYMNASTICS  
SUB JUNIOR (Under11)**

Competition Discipline		Gymnast Name	DOB	Gender	Father's Name	
Aerobic Gymnastics Sub Junior (Under 11)	Individual Men: 01					
	Individual Men: 02					
	Individual women:01					
	Individual women:02					
	Mixed Pair: 01 (One Men/One women)					
	Mixed Pair: 02 (One Men/One women)					
	Trios: 01 (Mix Or Same Gender)					
	Trios: 02 (Mix Or Same Gender)					

School/Club/State: .....

Contact Person: .....

Mobile Number.....

**AEROBIC GYMNASTICS  
SUB JUNIOR (Under11)**

Competition Discipline		Gymnast Name	DOB	Gender	Father's Name	
Aerobic Gymnastics Sub Junior (Under 11)	Aerobic Gymnastic Group Maximum 5 participant					
	Aerodance Group Minimum 6 and Maximum 8 Participants					

School/Club/State:.....

Contact Person: .....

Mobile Number.....

**AEROBIC GYMNASTICS  
AGE GROUP 1 (Under14)**

Competition Discipline		Name	DOB	Gender	Father's name	
Aerobic Gymnastics Age Group 1 (Under 14)	Individual Men: 01					
	Individual Men: 02					
	Individual women:01					
	Individual women:02					
	Mixed Pair: 01 (One Men/One women)					
	Mixed Pair: 02 (One Men/One women)					
	Trios: 01 (Mix or Same Gender)					
	Trios: 02 (Mix or Same Gender)					

School/Club/State:.....

Contact Person: .....

Mobile Number.....

**AEROBIC GYMNASTICS  
AGE GROUP 1 (Under14)**

Competition Discipline		Gymnast Name	DOB	Gender	Father's Name	
Aerobic Gymnastics Age Group 1 (Under 14)	Aerobic Gymnastic Group Maximum 5 participant					
	Aerodance Group Minimum 6 and Maximum 8 Participants					

School/Club/State.....

Contact Person: .....

Mobile Number.....

**AEROBIC GYMNASTICS  
AGE GROUP 2 (Under 17)**

Competition Discipline		Name	DOB	Gender	Father's name	
Aerobic Gymnastics Age Group 2 (Under 17)	Individual Men: 01					
	Individual Men: 02					
	Individual women:01					
	Individual women:02					
	Mixed Pair: 01 (One Men/One women)					
	Mixed Pair: 02 (One Men/One women)					
	Trios: 01 (Mix Or Same Gender)					
	Trios: 02 (Mix Or Same Gender)					

School/Club/State:.....

Contact Person: .....

Mobile Number.....

**AEROBIC GYMNASTICS  
AGE GROUP 2 (Under 17)**

Competition Discipline		Gymnast Name	DOB	Gender	Father's Name	
Aerobic Gymnastics Age Group 2 (Under 17)	Aerobic Gymnastic Group Maximum 5 participant					
	Aerodance Group Minimum 6 and Maximum 8 Participants					



School/Club/State.....

Contact Person: .....

Mobile Number.....

**AEROBIC GYMNASTICS**  
**Senior (Above 18)**

Competition Discipline		Name	DOB	Gender	Father's name	
Aerobic Gymnastics Age Senior (Above 18)	Individual Men: 01					
	Individual Men: 02					
	Individual women:01					
	Individual women:02					
	Mixed Pair: 01 (One Men/One women)					
	Mixed Pair: 02 (One Men/One women)					
	Trios: 01 (Mix Or Same Gender)					
	Trios: 02 (Mix Or Same Gender)					

School/Club/State:.....

Contact Person: .....

Mobile Number.....

**AEROBIC GYMNASTICS  
Senior (Above 18)**

Competition Discipline		Gymnast Name	DOB	Gender	Father's Name	
Aerobic Gymnastics Age Senior (Above 18)	Aerobic Gymnastic Group Maximum 5 participant					
	Aerodance Group Minimum 6 and Maximum 8 Participants					

**Details of Contingents/Escorts/Coaches/ Managers**

Official	Name	Contact Number	Email ID
Coach Men			
Coach women			
Manager			

T-Shirts Required									
Size	XXXXS-28	XXXS-30	XXS-32	XS-34	S-36	M-38	L-40	XL-42	XXL-44
Officials									
Players									

Contingent Arrival Date and Time: \_\_\_\_\_

Contingent Departure Date and Time: \_\_\_\_\_

Total Number of participants in contingent

Total Number of Parents Accompanying

**Team Manager/Head of Delegation**

\_\_\_\_\_  
**Authorised signatory**

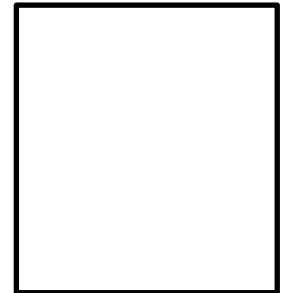
**3rd FITYOUTH PAN India  
Aerobic Gymnastics Championship  
17<sup>th</sup> - 19<sup>th</sup> April 2020**

**Affiliated by ANAC (The Association of National Aerobic Championship U.S.A)  
Indemnity Bond**

1. School/Club/State: \_\_\_\_\_
2. Participant Name: \_\_\_\_\_
3. Date of Birth: \_\_\_\_\_ Admission No. \_\_\_\_\_ Age: \_\_\_\_\_
4. Father's Name: \_\_\_\_\_ Signature \_\_\_\_\_

Event:

5. Aerobic Gymnastics
6. I am (tick mark in appropriate box):
7. Gymnast
8. Team Manager
9. Coach
10. Referee/Judge



I \_\_\_\_\_ the undersigned knowingly and without duress do voluntarily submit my entry to compete/participate at the above-mentioned championship.

From 17<sup>th</sup>-19<sup>th</sup> April 2020 at Vardhman Auditorium, College of Engineering Roorkee (COER), Roorkee, Uttarakhand-247667. subject to acceptance of my participation by the organization committee. I do hereby, for myself, my heirs, executors and administrators, waive, release and forever discharge any and all rights and claims for any damages, physical and mental injuries disabilities and losses which I may have or which may hereafter accrue to me or which may be sustained and suffered by me in connection with my association with or entry in the championship or which may arise out of my travelling to, participating in, and returning from such event, against FITYOUTH ANAC India, LOC, Championship Director and all members of the championship organizing committee.

I further agree to waive claims against any person connected with any injuries I may sustained and likewise assume full responsibility for all my action in connection with the said championship.

I further agree that the FITYOUTH, ANAC India and championship director for publicity or promotion can use any picture, video, etc. taken of or by me in connection with the said championship without compensation at this time or any other time.

I have read and fully understood the waiver listed above and the bio data given by me is true to the best of my knowledge.

Recommended by  
Team Manager/ School Head /club

Fitness Recommended by  
Licensed Doctor with Seal

Signature of The Participant

Organising Committee  
To be Signed by Fit Youth Official